

## Subject on a Page



## PSHE

*At Kidgate Academy, PSHE is embedded in all that we do to enable our children to become active and resourceful members of society. Our curriculum has been designed to support the development of the 'whole child', in a safe and rich learning environment. We aim for them to gain an understanding of how they are developing personally, socially, and physically as well as having an awareness of their mental wellbeing.*

### Intent – What do we aim to deliver?

At Kidgate Academy, our intent for PSHE is to provide the pupils with the knowledge, skills and attitudes that they require to successfully navigate the complexities of our ever-changing society and world we live in today.

As part of a broad and balanced curriculum, we actively promote the Academy's values of pride, achievement, confidence and effort, along with the fundamental British Values and the spiritual, moral, social and cultural development of pupils. The curriculum also covers the Relationships and Health Education statutory guidance as well as other key areas, including money and work, safety, communities, media literacy and digital resilience. These key areas will support the pupils in becoming confident, resilient and active members of society, both now and in the future.

Within the statutory requirements for relationships and health education, for Health Education our aim is to teach the children the different aspects of families and people who care about them, caring friendships, respectful relationships, online relationships and being safe. For Health Education we look at mental wellbeing, internet safety and harms, physical health and fitness, healthy eating, drugs, alcohol and tobacco, health and prevention, basic first aid and changing adolescent body.



### Implementation – How do we aim to deliver it?

We commit to providing our children with learning opportunities that go beyond specific lessons and we do this, not only through PSHE lessons based on the PSHE Association's Thematic Programme Builder, but also through Assemblies, awareness days, extracurricular activities and fundraising opportunities. We use Picture News, British Values and SMSC displays, along with visitors and online sessions with various companies and charities. All of these provide a wealth of knowledge and guidance to enrich the children's learning.

In Foundation Stage, Personal, Social and Emotional Development is one of the Prime Areas of Development which is crucial for children to lead healthy and happy lives and is essential for their cognitive development. Throughout the day, the necessary modelling and guidance is given by staff during Continuous Provision, adult led activities and reinforced during child led activities, allowing children to gain confidence in their own abilities, understand their emotions and build relationships.

KS1 and KS2 PSHE is a spiral curriculum where a range of teaching and learning activities are used to provide a progressive programme where prior learning is revisited, reinforced and extended year on year. Stand-alone lessons are delivered on a weekly basis as well as an extensive overlap into other lessons, allowing pupils to transfer their skills across the rest of the curriculum and throughout the working day.

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### Impact – How will we know when we have delivered it? By the time children leave Kidgate Academy, they will:

Our teaching of PSHE will lead to children meeting the standards of attainments across the school and those that are expected of our children nationally. Children will each make progress relative to their own individual starting point. We strive to ensure that by the end of their journey with Kidgate Academy, each child will:

- Recognise and apply the British Values
- Understand who they can rely on and ask for support.
- Be on their way to maintaining a healthy lifestyle.
- Recognise differences and have an understanding of diversity.

- Demonstrate self-confidence and self-esteem.
- Have developed and maintained healthy relationships with peers and adults.
- Understand the physical aspects involved in the teaching of RSE at the level appropriate to them as an individual.
- Show respect to themselves and others.

